



## Youth Assessment of 41 Developmental Assets

- For youth to complete as a self-assessment or for youth and staff to complete together.
- Please choose the one answer for each question that best fits your feelings and experience.

### Assets Related to Family

Please check one answer to each question.	Strongly agree 4	Agree 3	Disagree 2	Strongly disagree 1	Doesn't apply 0
F1. I feel supported by my parents/guardians.					
F2. I talk with my parents/guardians about things that are important to me.					
F3. My parents/guardians help me succeed in school.					
F4. I feel useful and important in my family.					
F5. I feel safe at home.					
F6. In my family/home there are clear rules about what I can and can not do.					
F7. My parents/guardians have positive, responsible behavior.					
F8. My parents/guardians encourage me to do my best.					



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### Assets Related to Community/Neighborhood

\*Please use your own definition of community. For example, community could mean your

Please check one answer to each question.	Strongly agree 4	Agree 3	Disagree 2	Strongly disagree 1	Doesn't apply 0
C1. I feel supported by at least 3 adults who are not my parents/guardians.					
C2. Other adults in my life have positive, responsible behavior.					
C3. I feel appreciated by adults in my community*.					
C4. I am given lots of chances to make my community* a better place to live.					
C5. I help people or volunteer 1 hour or more a week to make my community* a better place to live.					
C6. I feel safe in my neighborhood.					
C7. People in my neighborhood care about me.					
C8. My neighbors would tell me or my parents/guardians if they think I am doing something wrong.					
C9. I am comfortable with people of different cultural/racial/ethnic backgrounds.					

neighborhood, your circle of family and friends or your ethnic/cultural community.



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### Assets Related to School

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Please check one answer to each question.	Strongly agree 4	Agree 3	Disagree 2	Strongly disagree 1	Doesn't apply 0
S1. I feel teachers at my school care about me.					
S2. Other students at my school care about me.					
S3. My parents/guardians help me succeed in school.					
S4. Students help decide what goes on at my school.					
S5. I feel safe at school.					
S6. My school has clear rules and consequences for my behavior.					
S7. My teachers encourage me to do my best.					
S8. I try hard to do my best in school.					
S9. I go to class prepared – with class materials and homework done.					
S10. I care about my school.					
S11. I believe I have control over many things that happen to me.					
Please check Yes or No (or Doesn't apply for S12 only).	Yes 4	No 1	Doesn't apply 0		
S12. I do homework for 1 hour or more every school day.					
S13. I read for pleasure 3 or more hours a week.					
S14. I spend 3 or more hours a week in clubs, sports teams or other organizations at school or in the community.					
S15. I spend time at home at least 5 nights a week.					



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### Assets Related to Peers & Use of Time

<b>Please check one answer to each question.</b>	<b>Strongly agree</b> 4	<b>Agree</b> 3	<b>Disagree</b> 2	<b>Strongly disagree</b> 1
P1. My best friends are positive role models.				
P2. I am good at making and keeping friends.				
P3. I am comfortable with people of different cultural/racial/ethnic backgrounds.				
P4. I can say no to negative peer pressure and dangerous situations.				
P5. I try to end conflicts without violence.				
<b>Please check Yes or No.</b>	<b>Yes</b>	<b>No</b>		
<b>Use of Time</b>	4	1		
T1. I spend 3 or more hours a week practicing or taking lessons in music, drama, dance drawing, painting or other arts outside of school.				
T2. I spend 3 or more hours a week in clubs, sports teams or other organizations at school or in the community.				
T3. I spend 1 or more hours a week in any activities at church/temple/mosque/synagogue or other religious institution.				
T4. I spend time at home at least 5 nights a week.				



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### Assets Related to Values, Social Competencies & Identity

<b>Please check one answer to each question.</b>	<b>Strongly agree</b>	<b>Agree</b>	<b>Disagree</b>	<b>Strongly disagree</b>
<b>Values</b>	4	3	2	1
V1. I believe it is important to help other people.				
V2. I believe it is important to help promote equality and reduce hunger and poverty.				
V3. I believe it is important to stand up for what I believe.				
V4. I believe it is important to tell the truth even when it's not easy.				
V5. I believe it is important to take responsibility for my actions.				
V6. I believe it is important not to use alcohol or other drugs.				
V7. I believe it is important not to have sex while I am a teenager.				
<b>Please check one answer to each question.</b>	<b>Strongly agree</b>	<b>Agree</b>	<b>Disagree</b>	<b>Strongly disagree</b>
<b>Social Competencies</b>	4	3	2	1
SC1. I am good at planning ahead and making decisions.				
SC2. I am good at making and keeping friends.				
SC3. I am comfortable with people of different cultural/racial/ethnic backgrounds.				
SC4. I can say not to negative peer pressure and dangerous situations.				
SC5. I try to resolve conflicts without violence.				



**Assets Related to Values, Social Competencies & Identity (con't)**

Please check one answer to each question. <b>Identity</b>	Strongly agree 4	Agree 3	Disagree 2	Strongly disagree 1
I1. I believe I have control over many things that happen to me.				
I2. I feel good about myself.				
I3. I feel proud of my own background/culture.				
I4. I believe that my life has a purpose.				
I5. I expect to have a good life when I am an adult.				